**Julie Bobitt, Ph.D.**

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##### EDUCATION

**2015 Ph.D., Community Health** University of Illinois at Urbana Champaign

Dissertation: *Factors Impacting the Implementation of Evidence-Based Wellness Programs in Illinois Senior Centers*

**1994 M.A., Leisure Studies: *Recreation Administration***

The University of Iowa

**1993 B.S., Leisure Studies: *Community Recreation and Therapeutic Recreation*** The University of Iowa

**ACADEMIC POSITIONS**

**2017 – Interdisciplinary Health Sciences Director and Assistant Teaching Professor**

*University of Illinois at Urbana Champaign*

**2015 – 2017 Interdisciplinary Health Sciences Assistant Director and Instructor**

*University of Illinois at Urbana Champaign*

## 2015 – 2016 American Political Science Association Congressional Research/Health & Aging Policy Fellow

*Office of the Surgeon General/Administration for Community Living*

**2010 – 2015 Interdisciplinary Health Sciences Program Coordinator and Instructor**

*University of Illinois at Urbana Champaign*

**PUBLICATIONS**

# Bobitt, J., Carter, J., Kuhne, J. (2020) State implementation of the Adult Protective Services Voluntary Consensus Guidelines, *Journal of Elder Abuse and Neglect.* (In press). Doi:10.1080/08946566.2020.1742836

Arora, K., Qualls, S. H., **Bobitt, J.**, Milavetz, G., & Kaskie, B. (2019). Older cannabis users are not all alike: Lifespan cannabis use patterns. *Journal of Applied Gerontology*, doi:10.1177/0733464819894922

**Bobitt, J**; Moody, C.M., (2019). Cannabis as an alternative to opioid use by older adults: The Illinois Opioid Alternative Pilot Program. *Public Policy & Aging Report, prz013*. https://doi.org/10.1093/ppar/prz013

Lum, H. D., Arora, K., Croker, J. A., Qualls, S. H., Schuchman, M., **Bobitt, J**., … Kaskie, B. (2019). Patterns of marijuana use and health impact: A survey among older Coloradans. *Gerontology and Geriatric Medicine.* https://doi.org/10.1177/2333721419843707

Arora, K., Qualls, S., **Bobitt, J.**, Lum, H., Milavetz, G., Croker, A., Kaskie, B. (2019). Measuring recreational and medical cannabis attitudes among older adults in Colorado. *The Gerontologist* https://doi.org/10.1093/geront/gnz054

**Bobitt, J.,** Qualls, S., Schuchman, M., Wickersham, B., Lum, H., Arora, K., Milavetz, G., Kaskie, B. (2019). A qualitative analysis of cannabis use among older adults in Colorado. *Drugs & Aging* https://doi.org/10.1007/s40266-019-00665-w.

**Bobitt, J.**, Aguayo, L., Payne, L., Jansen, T., & Schwingel, A. (2019). Going the “extra-mile” for disease prevention: geographical and social factors associated with chronic disease self-management program participation. *Preventing Chronic Disease, 16*: E25. doi: 10.5888/pcd16.180385

Jansen, T., Aguayo, L., Whitacre, J., **Bobitt, J.**, Payne, L., & Schwingel, A. (2019). Diabetes disparities in Illinois. *Preventing Chronic Disease, 16:* E19. DOI: https://doi.org/10.5888/pcd16.180154

**Bobitt, J**., Kuhne, J., & Carter J. (2018). Advancing National policy on elder abuse. *Public Policy & Aging Report,* *28*, 85–89. doi:10.1093/ppar/pry023

Sebastião, E., **Bobitt, J**., Bosquiero Papini, C., Missaki Nakamura, P., Kokubun, E, & Gobbi, S. (2018). Sedentary behavior is associated with low leisure-time physical activity and high body fatness in older Brazilian adults. *American Journal of Lifestyle Medicine.* Published online January 17: https://doi.org/10.1177/1559827617753355

**Bobitt, J.,** Kuhne, J**.,** Carter, J.,Mabe, R.,Whittier-Stephenson, S., & Twomey, M. (2017). Building the adult protective services system of tomorrow: The role of the APS national voluntary consensus guidelines, *Journal of Elder Abuse & Neglect, 30*, 93-101, DOI: 10.1080/08946566.2017.1382414

**Bobitt, J**., & Schwingel, A. (2016). Evidence-based programs for older adults: A disconnect between U.S. National strategy and local senior center implementation. *Journal of Aging & Social Policy, 29*, 3-19. DOI: 10.1080/08959420.2016.1186465

Sebastião, E., Galvez, P., **Bobitt, J.**, Adamson, B., & Schwingel, A. (2015). Visual and participatory research technique: A valuable tool to better inform public health about physical activity and eating behavior in underserved populations. *Journal of Public Health*, *24*, 3–7. DOI: 10.1007/s10389-015-0698-z

Schwingel, A., Linares, D. E., Gálvez, P., Adamson, B., Aguayo, L., **Bobitt, J**., & Marquez, D. X. (2015). Developing a culturally sensitive lifestyle behavior change program for older Latinas. *Qualitative Health Research*, *25*, 1733-1746. DOI: 10.1177/1049732314568323

Sebastião, E., Ibe-Lamberts, K., **Bobitt, J**., Schwingel, A., & Chodzko-Zajko, W. (2014). Employing a participatory research approach to explore physical activity among older African American women. *Journal of Aging Research*, *2014*, *Article ID 941019*, 1-8. http://dx.doi.org/10.1155/2014/941019

# Publications UnDER REVIEW

**Bobitt, J.,** Kang, H. Quintero-Silva, L., Croker, J., & Kaskie, B. The use of cannabis and opioids for chronic pain by older adults: Distinguishing clinical and contextual influences. *Drug and Alcohol Review* (under revision).

Croker, J.A., Arora, K., **Bobitt, J.,** Milavetz, G. & Kaskie, B. Assessing Health Related Outcomes of Medical Cannabis Use among Older Persons: Findings from Colorado and Illinois, *Clinical Gerontologist* (under revision).

# RESEARCH

**2018 – 2020 IDPH Medical Cannabis and Older Persons Survey and Opioid Alternative Pilot Program**

*PI:* **Julie Bobitt**. *Co-Is:* Brian Kaskie, Kanika Arora. *Granting Agency*: Illinois Department of Public Health. *Project Description:* To survey the 16,000+ individuals age 60 and older enrolled in the Illinois Medical Cannabis program to learn about what motivates cannabis use (i.e. chronic pain), describe how cannabis is used, and identify both positive and negative outcomes of cannabis use (i.e. ability to stay active or increased falls risk). *Award amount:* $235,000

**2018 – 2020 START: Student Aging Researchers Training**

 *PI:* Schwingel. *Co-Is:*  **Julie Bobitt**, Wendy Bartlo. *Faculty Mentors:* Andrade, Bartlo, Bobitt, Berdychevsky, Grigsby-Toussaint, Husain, Konopka, Liechty, Mejia, Mudar, Rogers, Sosnoff*. Granting Agency:* University of Illinois Office of Undergraduate Research*. Project Description*: Develop an undergraduate research and mentoring program to engage underrepresented students such as first-generation college students, ethnic minority students, and students from rural communities in aging research. *Award Amount:* $9,000

2017 – 2018 Cannabis and Older Persons in Illinois: A Public Health Problem or Viable Policy Alternative for Improving Quality of Life

*PI*: Brian Kaskie. *Co-PI:* Julie Bobitt. *Co-Is*: Kanika Arora, Gary Milavetz. *Granting Agency:* Retirement Research Foundation. *Project Description*: The purpose of this research project is to close the gaps in what we currently know about the use of medical cannabis among older persons, and to learn more about how cannabis impacts their quality of life. We conducted focus groups with and collected surveys from older adults in Illinois who were either users or non-users of the medical cannabis program in Illinois.

*Award Amount:* $119,395 (Illinois subcontract $24,638)

**2017 – 2018 State Implementation of the Adult Protective Services National Voluntary Consensus Guidelines**

*PI:* **Julie Bobitt***. Co-Is:* Julie Carter, Jamie Kuhne. *Granting Agency:* Borchard Foundation Center on Law & Aging. *Project Description:* Evaluate the dissemination and implementation of the Administration for Community Living Adult Protective Services (APS) Voluntary Consensus Guidelines. Survey all state APS directors and conduct individual interviews with a sub-sample of survey respondents. *Award Amount:* $16,000

2017 – 2018 Cannabis and Older Coloradans

*PI: Sara Qualls. Co-Is:* Brian Kaskie, Kanika Arora, Gary Milavetz. *Qualitative Data Analyst:* Julie Bobitt. *Granting Agency*: Colorado Department of Public Health and Environment. Project Description: Conduct a pilot survey to illuminate access and safety concerns with using marijuana, particularly exploring how these relate to frequency and methods of marijuana use as well as outcomes. *Award Amount:* $ 99,111

2015 – 2017 Empowering Older Adults and Adults with Disabilities through Chronic Disease Self-Management Education Programs
*PI:* Maria Oquendo-Scharneck. *Co*-*PIs*: Julie Bobitt, Laura Payne, Andiara Schwingel. *Granting Agency:* US Department of Health & Human Services; Administration for Community Living. Project Description: To ensure statewide access to and sustainability of chronic disease self-management education for older adults and adults with disabilities, with a focus on underserved populations. *Award Amount:* $711,510 (Illinois subcontract $77,708)

**2013 – 2014 Abuelas en Acción (Grandmothers in Action) Program Implementation**

*PI:* Andiara Schwingel. *Co-Is:* **Julie Bobitt,** Patricia Galvez, Bryn Adamson. *Granting Agency:* Center on Health, Aging, and Disability; University of Illinois at Urbana-Champaign. *Project Description*: Implementation of a community-based health intervention to increase physical activity and improve diet in older Latina women. *Award Amount:* $19,550

## 2011 – 2012 Abuelas en Acción (Grandmothers in Action) Program Design

*PI:* **Andiara Schwingel**. *Co-Is:* **Julie Bobitt,** Patricia Galvez. *Granting Agency:* Research Board, University of Illinois at Urbana-Champaign. *Project Description:* Developed an intergenerational, faith-based physical activity and nutrition intervention program for older Latinas living in the Chicago, IL area. *Award Amount:* $30,000

**2005 – 2009 The Iowa Coalition on Mental Health and Aging**

*PI:* Brian Kaskie. *Co-Is:* Kathleen Buckwalter, Mike Kelly*. Outreach Coordinator:* ***Julie Bobitt.*** *Granting Agency: Iowa Department of Human Services. Project Description:* To gather mental health and aging experts from around the state to establish the Iowa Coalition on Mental Health and Aging. To develop and provide education and outreach efforts across the state. To also establish an advocacy position and contribute to state legislation development. Develop the Coalition website and other marketing materials for the Coalition. *Award Amount:* $339,000

2007 – 2008 Implementing Integrated Models of Care for Older Adults

*PI:* Brian Kaskie*. Project Coordinator:* **Julie Bobitt***. Granting Agency:* Iowa Department of Human Services. Project Description: Establish a system of co-location of mental health services with health providers across the state of Iowa. *Award Amount:* $35,265

**2006 – 2008 Evidence-based Practice Initiative for Older Iowans with Mental Illnesses**

*PI:* Brian Kaskie*. Co-Is:* Kathleen Buckwalter, Mike Kelly. *Project Coordinator:* **Julie Bobitt**. *Granting Agency:* National Institute of Mental Health*. Project Description:* Develop an evidence-based screening tool to for providers to screen for mental health conditions in older adults.

*Award Amount*: $99,988

2004 – 2005 The Iowa Workforce Seniors Study

*PI:* Brian Kaskie. *Project Coordinator:* **Julie Bobitt**. *Granting Agency:* Iowa Workforce Development. *Project Description:* To survey and conduct focus groups with Iowa businesses to determine their practices related to employing older adults. *Award Amount:* $75,000

###### OTHER PROFESSIONAL EXPERIENCE

**2009 – 2016 Outreach Coordinator and Consultant**

*University of Iowa Geriatric Education Center, Iowa City, IA*

* Developed learning modules for Alzheimer’s training videos for professional staff as part of the HRSA-funded Geriatric Workforce Enhancement Program (GWEP).
* Created online and print professional educational materials for topics such as Alzheimer’s disease, Fall Prevention, and Non-Psychotropic drug use.
* Assist with the development of the *IA-ADAPT: Improving Antipsychotic Appropriateness in Dementia Patients* resources to help clinicians, providers, and consumers better understand how to manage problem behaviors and psychosis in people with dementia.
* Developed and narrated a caregiver video that discusses problem behaviors and the use of antipsychotic medicines.

**2003 – 2009 Education and Outreach Coordinator**

*University of Iowa Center on Aging, Iowa City, IA*

* Administered the Iowa Coalition on Mental Health and Aging state contract and oversaw 100% budget increase and membership growth for the project.
* Coordinated the Interdisciplinary Graduate/Professional Fellowship in Aging for students in 8 departments across campus.
* Worked with 8 UI Colleges, 11 programs and 10 disciplines to increase multi-disciplinary aging-related education, training, and outreach activities by 60% over three years.
* Served on the Livable Communities Education and Workforce Development committees and the Steering Committee for the Aging and Disability Resource Center.
* Established working relationships with over 20 statewide public agencies, health professional organizations, consortiums and coalitions with aging interests.

**2000 – 2003 Development Associate/Campaign Events**

*The University of Iowa Foundation, Iowa City, IA*

* Created Foundation board reports and variety of campaign and prospect reports for Assistant Vice President, Research and Records.
* Prepared comprehensive and detailed survey cost estimates for University external relations directors.

**1997 – 1999 Director Chapter Services and Special Events**

*Alzheimer’s Association, Cedar Rapids, IA*

* Managed chapter programssuch as Safe Return, Respite Care Assistance, and the Helpline.
* Planned and implemented Chapter fundraising efforts annually for four Memory Walks, two Golf Invitationals and *The Faces of Alzheimer’s* Phone Gala, more than tripling event income in two years.
* Facilitated a support groupfor individuals with early stage Alzheimer’s disease.

**1996 – 1997 Recreation Director**

*Oaknoll Retirement Residence, Iowa City, IA*

* Planned, coordinated, and evaluated educational and special event programs for groups and individuals, including many University of Iowa retired faculty.
* Supervised full-time and part-time staff as well as department interns.

**1995 – 1996 Therapeutic Recreation Coordinator**

*Samaritan Health System, Clinton, IA*

* Developed therapeutic program service delivery for two, JCAHO certified long-term care facilities and one transitional care unit.
* As part of the management team, developed individual budgets for three departments and created new JCAHO policy manual for those departments.

**TEACHING EXPERIENCE**

**Courses Taught at the University of Illinois Semester**

**2019** CHLH 550 Health Policy Fall

**2010 – 2020** IHLT 375 Interdisciplinary Collaboration in Health Spring/Fall

**2016 – 2019** IHLT 240 Health and Aging Policy\* Fall

**2016 – 2020** IHLT 232 Health Disparities in the United States\* Spring

**2015** CHLH 404 Gerontology Spring

**2013** CHLH 310 Introduction to Aging Spring

**2012** IHLT 230 Leadership in Health\* Fall

**2012** IHLT 102 Survey of Interdisciplinary Health\* Fall

**2010-2012** IHLT 101 Introduction to Interdisciplinary Health Spring/Fall

\* Indicates courses developed as well as taught.

**MENTORSHIP**

**Supervision of Graduate Students and Visiting Scholars**

**2019 - Present** MPH Health Policy Advisor. Students: Karthik Satish, Kelly Licata, Haily Stillbower

**2018 – Present** Laura Quintero Silva, MS, Doctoral Student in Community Health. How Policy supports Palliative Care Practices for Older Adults. (Dissertation Chair)

**2018 – Present** Aging and Health Policy Research Lab. Students:, Dakota Clayton, MPH program, Karthik Satish, MPH Program

**2017 – 2018** Bing Zhan, PhD, Visiting Scholar from the Capital University of Physical Education and Sports, Beijing, China , Natalie Noonan, MPH program

**Supervision of Undergraduate Students**

**2019** SPARK (Students Pursuing Applications, Research, and Knowledge) Mentor. Students: Kate Green, Interdisciplinary Health Sciences, Shai Sklar, Interdisciplinary Health Sciences

**2018 – Present** Co-coordinator of Student Aging Researchers in Training (START), an undergraduate research program for underrepresented students.

**2018 -** **Present** Aging and Health Policy Research Lab. Students: Emily Williams, Community Health; Cydney Natzke, Interdisciplinary Health Sciences; Alisha Steging, Interdisciplinary Health Sciences; Kate Florence, Interdisciplinary Health Sciences, Kate Green, Interdisciplinary Health Sciences

**2017 – 2018**  Taylor Jansen, Beckman Awards Program in Cognitive, Lifespan Engagement, Aging and Resilience (CLEAR).

**PRESENTATIONS**

## Peer-Reviewed Conference Presentations

**Fall 2020 *Implementation of the Illinois Opioid Alternative Pilot Program,*** Health Affairs 12th Annual Conference on the Science of Dissemination and Implementation, Washington D.C.

**Spring 2019** ***State Dissemination of ACL's Voluntary Consensus Guidelines for APS Systems***, American Society on Aging Annual Meeting, New Orleans, LA

**Fall 2018** ***Is the Doctor In? Older Adults’ Experiences and Preferences with Healthcare Providers and Cannabis****,* Gerontological Society of America Annual Meeting, Boston, MA

**Fall 2018** ***Participation in Chronic Disease Prevention Programs among Older Adults Living in Rural and Urban Settings***, Gerontological Society of American Annual Meeting, Boston, MA

**Fall 2018** ***Cannabis Use and Older Coloradans***, American Public Health Association Annual Meeting, San Diego, CA

**Spring 2018** ***What Do Older Adults in Colorado Think about Cannabis***, American Geriatrics Society Annual Meeting, Orlando, FL

**July 2017** ***Development of the Adult Protective Services Voluntary Consensus Guidelines* and *Older Adults and Cannabis*,** 21st IAGG Congress of Gerontology and Geriatrics, July 23-27, in San Francisco, CA.

**March 2017** ***Healthy Aging Actions to Advance the National Prevention Strategy****,* American Society on Aging Annual Meeting, taking place March 20-24, 2017 in Chicago, IL

**November 2016** ***Expanding Possibilities through Age-Friendly University/Community Partnerships***, Gerontological Society of America Annual Meeting, New Orleans, LA

**October 2016** ***Healthy Aging in Action: Advancing the National Prevention Strategy*,** American Public Health Association Annual Meeting, Denver, CO

**July 2015** ***Factors Impacting the Implementation of Evidence-Based Wellness Programs in Illinois Senior Centers****,* Healthy Aging Summit - Washington DC

**November 2014** ***The Implementation of Evidence-Based Wellness Programs in Illinois Senior Centers***, American Public Health Association Annual Meeting, New Orleans, LA

#### Invited Presentations

**April 2015** ***The Implementation of Evidence-Based Wellness Programs in Illinois Senior Centers*,** Eastern Illinois University, Charleston, IL

**March 2013** ***Faith and Caregiving Play an Important Role on Physical Activity Participation among Older Latina Women***, Center for Health, Aging, and Disability Annual Symposium, Champaign, IL

**HONORS AND AWARDS**

**2018 – 2019** James Scholar Distinguished Professor Award

**2015 – 2016** American Political Science Association Congressional Fellow

**2015-2018** University of Illinois Teachers Ranked as Excellent Fall 2015, 2016, 2017, 2018 and Spring 2015, 2017, 2018, 2019

**2014** APHA Aging and Public Health Section, *Laurence G. Branch Doctoral Student Award* sponsored by the Retirement Research Foundation.

**COMMUNITY AND CAMPUS SERVICE**

**2019 – Present** Kinesiology and Community Health Education Policy Committee

**2018 – Present** Aging and Health Policy Lab Director

**2010 – Present** Aging Minor Coordinator

## Professional Boards & Committees

**2019** Editorial Board, The Gerontologist

**2019 – Present** Technical Expert Panel, Administration for Community Living

**2009 – Present** East Central Illinois Area Agency on Aging Advisory Board Member

**2017** Aging in America Conference Membership Planning Committee

## Faculty and Staff Searches

**2019** Search Committee: Assistant Professor, Epidemiology and Associate Professor, Epidemiology

**2019** Search Chair: Assistant Teaching Professor, Rehabilitation Counseling, College of Applied Health Sciences

**2018** Search Chair: Advanced Media Specialist, Social Media, College of Applied Health Sciences

**2018** Search Committee: Assistant Teaching Professor in Community Health, College of Applied Health Sciences

**2017** Search Committee: Assistant Director of Technology, Health and Independence Program, College of Applied Health Sciences

**2016** Search Chair: Academic Skills Specialist for I-LEAP, College of Applied Health Sciences

## Grant Reviews

**2019** Adult Protective Services Enhancement Awards Grant Reviewer for the Administration for Community Living

**2018 – Present** Falls Prevention Grant Reviewer for the Administration for Community Living

**2016 – Present** Chronic Disease Self-Management Education Programs Grant Reviewer for the Administration for Community Living

## Manuscript Reviews

**2020 –**  Reviewer for the *Clinical Gerontologist*

**2016 – 2020** Manuscript Reviewer for the *Gerontologist*

**2019** Reviewer for *Journal of Psychoactive Drugs*

**2018** Reviewer for *Preventing Chronic Disease*

**PROFESSIONAL MEMBERSHIPS**

**2015 – Present** Gerontological Society of America Member

**2013 – Present** American Public Health Association Member

**2012 – Present** American Society on Aging Member